

## Ealing U3A Autumn Term 2022 – Programme of Thursday talks & events

NB – all talks will be run as ‘hybrid’ talks with an audience in Ealing Green Church but also broadcast over Zoom to members at home. All speakers will be present in Ealing Green Church, unless otherwise indicated

DATES	SPEAKER	TITLE	PRECIS OF TALK
8 Sep 2022	<b>Dr Snorri Rafnsson</b> , Associate Professor of Ageing and Dementia in the Geller Institute of Ageing and Memory at the School of Biomedical Sciences at UWL	<b>Social Connections, health and well-being in later life: What do we know?</b>	There is growing interest in healthy ageing and well-being in later life – these outcomes matter for individuals as well as national policy. The research on the different conditions and circumstances that shape these outcomes and experiences is increasing. Among these, good social relationships are consistently related to better health and wellbeing among older adults.
15 Sep 2022	-	<b>Ealing U3A Coffee Morning</b>	In five venues around Ealing - check times
22 Sep 2022	<b>Ashley Byford-Bates</b> , a volunteer speaker for the CWGC which he joined last year and helps promote through talks and presentations	<b>The History of the Commonwealth War Graves Commission</b>	An overview of the origins and history of the Commonwealth War Graves Commission, its goals and the continued work it undertakes along with its educational charity, the Commonwealth War Graves Foundation
29 Sep 2022	-	<b>Ealing U3A Interest Groups Showcase</b>	At Ealing Green Church where many of the Convenors of our 30+ Interest Groups will be present and any of our members (or prospective members) can come along to find out more about what our Interest Groups do, and sign up to join them
6 Oct 2022	* <b>Dr Kim Salmons</b> , Assoc Prof of Modernist Literature at St Mary's University, Twickenham. The author of 2 books on Food in Literature, on Joseph Conrad and Thomas Hardy. A member of the Guild of Food Writers and a committee member of the Joseph Conrad Society UK.	<b>Food in the Novels of Thomas Hardy</b>	An overview of the representation of food in Thomas Hardy's novels, looking specifically at the production and consumption of food in <i>The Mayor of Casterbridge</i> , <i>Tess of the d'Urbervilles</i> and <i>Jude the Obscure</i> . The talk will provide the historical context to the use of food in the novels and touch upon Hardy's own eating habits.
13 Oct 2022	<b>PHOTOGRAPHIC COMPETITION RESULTS ANNOUNCEMENTS</b> followed by		
	* <b>Michael Lurie</b> , a photographer for over 50 years and Chairman of Pinner Camera Club	<b>Photo techniques to produce winning photos</b>	Following the announcement of the results of this years' Photographic Competition, Michael will give a talk on some of his photographs that have won awards and the techniques used in taking them
20 Oct 2022	-	<b>Ealing U3A Coffee Morning</b>	In five venues around Ealing - check times

27 Oct 2022	<b>Prof Johnathan Napier</b> , Science Director at Rothamsted Research (Harpenden), also an Affiliated Lecturer at the University of Cambridge and Honorary Professor at the Institute of Aquaculture, University of Stirling	<b>Making fish oils in plants</b> – how GM can help make crops more nutritious <i>Prof Napier will present his talk over Zoom.</i>	For over two decades now we have been evaluating the production of fish oils in GM plants, to provide a sustainable source of these important nutrients independent of oceanic sources. This has ultimately led to the production of a transgenic oilseed crop which contains over 20% omega-3 in its seed oil. This represents probably the most complex plant metabolic engineering trait to attempt the transition from a research phase into development, regulatory approval and commercialisation. This talk will consider how the focus and effort placed on this transition can be achieved without comprising curiosity-driven research.
3 Nov 2022	<b>Lee Davies</b> , the Fungarium Collection manager at the Royal Botanic Gardens, Kew	<b>Why fungi are better than plants</b>	Plants are always the superstars of any Botanic Garden or Museum that wants to highlight life aside from animals but there is nothing plants or animals can do that can't be beaten by fungi. They are weirder, more important, and far more interesting than plants (and animals too I would argue). They are the foundation of any healthy ecosystem and the hardest working and most vital group of organisms on earth
10 Nov 2022	<b>Graham Tigg</b> , member of Hammersmith & Fulham u3a and currently their Treasurer	<b>Painting and Mathematics</b>	An illustrated look at pictures in a different way with well, and less well known, paintings and artists from all periods. No knowledge of maths needed beyond the concept of addition and division.
17 Nov 2022	-	<b>Ealing U3A Coffee Morning</b>	In five venues around Ealing - check times
24 Nov 2022	<b>Karen Pirie</b> , Radio producer at BBC Radio 4 until 2011, now working freelance, having made 100s of programmes for Radio 4, and she is currently one of the producers of <i>The Reunion</i> .	<b>My Life in Radio</b>	BBC Radio producer Karen Pirie reveals what it takes to make a great radio programme. A journalist for more than 35 years, Karen has worked in radio for nearly 20 years having made 100s of programmes for Radio 4. What does a producer actually do, what makes a great radio interviewee and how do you decide what to cut and what to keep? You'll hear choice clips from some of Karen's most entertaining and important programmes including one that led to a change in the law.
1 Dec 2022	* <b>Jean Brewster</b> , Ealing u3a member and ex-University of West London lecturer in Linguistic Science	<b>Mahogany: Colonies, Pirates, Furniture and Guitars</b>	This talk explains the origins and characteristics of mahogany, the national symbol for the Dominican Republic and Belize, formerly British Honduras. The growth of the timber trade alongside other territorial aspirations in Central America led to constant conflict between Spain and Britain. This resulted in 'buccaneers and pirates' roaming the Caribbean while the British seized the land later known as Belize. The talk ends with the story of The Most Notorious Tonewood in the World and the impact of mahogany on music today - with surprising details
8 Dec 2022	Various Ealing U3A Members	<b>A Seasonal Entertainment</b>	A series of readings suited to this time of the year, followed by coffee/tea + mince pies and other refreshments
15 Dec 2022	-	<b>Ealing U3A Coffee Morning</b>	In five venues around Ealing - check times

\* These speakers have all given talks at Ealing U3A previously

**Winter term 2023 starts on Thursday 12<sup>th</sup> January**